



The best activities guide around!

MARCH 2009



Bazaar – 1st

SHA Loop Run III – 7th

Army Family Action Plan Symposium – 10th - 12th

CZCC “It’s Bunco Time” – 13th

Texas Hold’em Tournament – 21st

Job Information Fair – 24th

Cherry Blossom Stroll at the Golf Course

5 April, 1 – 6 pm



For more information, call 263-3694.



The Camp Zama Golf Course will be closed to golfers at 1 pm on Sunday, 5 April, for community members to stroll our course to view or picnic under the many beautiful cherry trees until 6 pm.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

This month's cover photo shows 2 year old Yesenia Carbajal, daughter of SSG Leticia Carbajal of the 78th Signal Battalion, being assisted on the mini-slide at the Camp Zama Child Development Center. Program assistant Jose Benjamin is by her side. A portion of the play area has been fenced off where new play equipment is being installed and is due to reopen this month. For persons interested in a unique work experience leading to a rewarding career in Child Development, contact the director at either the Zama Child Development Center or the SHA Child Development Center for application information.

Photo by Mr. Richard Haun.



“See the Bugle for the advertisement”.

S

hopping on the Economy, 20 March, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

■ Army Community Service • 263-8327

RELOCATION READINESS, 263-HELP (4357)

• Medical Morning Orientation/ Mandatory Training

Health care professionals provide information about medical care and counseling services in Japan and the military community. EEO/Posh, Sexual Assault Victim Advocacy, and MI SAEDA Briefing/classes are mandatory. The briefing will be held on 19 March at the Camp Zama Community Club (right wing). Attendance is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care is available for attendees. Please contact Zama CDC at 263-4992 or SHA CDC at 267-6564 for reservations.

• Newcomers Train Class, Parts I and II

Part I: 19 March, 6 - 7 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets

and more.

Part II: 21 March, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

• Pre-deployment and Operation R.E.A.D.Y. Training

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

• Deployed Spouse Program, 263-HELP (4357)

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. For more



AFAP IS CELEBRATING 25 YEARS.

CAMP ZAMA ARMY FAMILY ACTION PLAN SYMPOSIUM
10 - 12 March, 8 - 4:30 pm

- AFAP connects You with the ARMY.
- AFAP is idea and issue gathering.
- AFAP makes things happen, sometimes all the way to the TOP.
- AFAP, like everything, has deadlines.

**HAVE YOUR VOICE HEARD!!
MAKE THAT CHANGE!**

FILL OUT AN ISSUE FORM TODAY! Issue forms are available at ACS (Bldg 402), Zama Mail Room, Zama Youth Center, Sagami Lounge, Zama Community Club, Post Exchange, Zama Golf Course, Yano Fitness Center, SHA Commissary, or through your community mayor. You can also fill out a form online at www.mwrjapan.jp.pac.army.mil/acs.

Submission deadline is 8 March 2009

ARMY STRONG **ACS**

For more information or to volunteer, contact ACS at 263-8087.

information contact 263-5550.

* 1st Wednesday each month, 8:30 am - 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.

* 2nd Wednesday of each month, 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP.

* 4th Wednesday of each month, 1 - 2:30 pm, Basic Budget; 2:30 - 4:30 pm, Checkbook Management.

• **AER Emergency Leaves:**

Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

FAMILY ADVOCACY PROGRAM, 263-HELP (4357)

The Family Advocacy Program provides services that support military Families. The programs are designed to prevent Family violence and sexual assault. An Anger Management Workshop will be held 5 and 12 March, 1 - 3 pm, at ACS Bldg 402. This two part training is designed for those who would like to gain tools and techniques for managing anger effectively. A Couples Communication Workshop will be held 27 March, 3:30 - 4:30 pm. All classes are free and require pre-registration. Please contact ACS at 263-8327 to register. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, Family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-8327.


The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advo-

NPSP

New Parent Support Program

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- **Breast Feeding Support Group** for breast feeding is held the 6 March, 9:30 - 10:30 am at ACS and 17 March, 9:30 - 10:30 am at SHA CDC.
- **Baby Bundles** information and supplies for new and expecting parents, and electric breast pumps are available by calling NPSP 263-8327 or emailing stacey.davis@us.army.mil.



cacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-8327. Information provided in restricted reports will not be disclosed automatically to command or law enforcement.

• **Sexual Assault Prevention and Response Program (SAPRP)**

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through

increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP /4357 or the on-call Unit Victim Advocate at 882 # or 090-9395-8909. To make an unrestricted report, contact the Mili-

NEWCOMER'S ORIENTATION

Wednesday, 18 March, 8 am - 2:30 pm

... Community Club (Right Wing) ...

- Opening welcome by the Command Group and overview of different programs and services presented by various representatives.
- **"Taste of Japan"** luncheon at the Camp Zama Community Club sponsored by KDDI (left wing).
- Mandatory for military and civilian personnel. Adult Family members are encouraged to attend.
- Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.



"See the Bugle for the advertisement".

tary Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 080-6772-6735.

• Victim Advocacy

Victim Advocacy is a free service for all personal in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and

speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. To contact the Victim Advocate, call 263-HELP /4357 or 080-6772-6735.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every

3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572.

COMMUNITY LIFE OFFICE 263-HELP (4357)

• Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator at 263-8087.

• Army Family Team Building (AFTB) 263-HELP (4357)

The Key to your Army Journey and Passport to Power!

Did you know that you could earn promotion points from AFTB? If you are a young Soldier E-5 or below and need promotion points AFTB is a good source and a great tool that you will be able to use throughout your military career. Go online at www.myarmylifetoo.org for Level I, II and III. For more information or to register, please contact the AFTB Program Manager at 263-8087.



ARMY COMMUNITY SERVICE
Sponsored by
Army Community Service, Employment Readiness and
Retirement Services Office / ACAP Camp Zama Japan

JOB

INFORMATION FAIR

CAMP ZAMA COMMUNITY CLUB
24 MARCH 2009
1300 - 1600

Open to all SOFA Personnel and Family Members.
Employment Representatives from
AMLS, Navy Exchange, MWR, Civilian
Personnel Offices (all local bases)
and other employers scheduled.

Contact Mr. Gary B. Wertz for further information 263-5558
Gary.Wertz@zama.army.mil

INFORMATION and REFERRAL

Information and Referral provides maps, directions and tourist information for the local area and most military installations throughout Japan, as well as resource information on public, private, and voluntary agencies at Camp Zama. Resource information can also be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.jp.pac.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school enrollment.

Other services include: Confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school enrollment.

Classes:

- Adult English as a Second Language Class (ESL): Every Wednesday, 1 - 2:30 pm, ACS Bldg, 402. All levels. No pre-registration.
- Knitting and Crocheting Class: Every Tuesday, 9:30 - 11:30 am, ACS Bldg 402.
- Adult Japanese Language Class: Every Wednesday, 10 - 11 am, advanced class; 11 - noon, beginner class. ACS Bldg 402. No pre-registration required.
- Children's Japanese Language Class: Every Monday, 10:30 - 11:15 am and 11:15 - noon. ACS Bldg 402. No pre-registration required.



For more information, please contact Stacey Davis at 363-2382 or stacey.davis@us.army.mil.

■ Child Development Center • 267-6564

SHA CHILD DEVELOPMENT CENTER

• Dr. Seuss's Birthday Week Celebrations

Monday - Friday, 2 - 6 March.

• **SHA CDC PAC Meeting** will be held on Thursday, 12 March, 4 - 4:45 pm, at the Sagami-hara Housing Area Child Development Center.

• Everything Green Lunch

Tuesday, 17 March, 11 am. Parents are invited.

• Celebrate Women

Monday - Friday, 23 - 27 March. Women's history month.

For more information, please phone Julia Sektnan at 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• Closed

* Friday, 27 March (CYS Training Day).

• Dr. Seuss Week

Monday, 2 March, 10 - 11 am. Searching for parent volunteers to read Dr. Seuss literature during this week.

• Book Swap

Thursday, 5 March, 4 - 5 pm, at Zama CDC.

• Parent Education

Thursday, 12 March, 4 - 5 pm. Topic TBA.

• St. Patrick's "Wear Green" Day

Tuesday, 17 March, 9:30 - 11 am. Cooking project day. Looking for parent volunteers to provide a healthy green delight for children 18 months to 5 years old.

• Parent Advisory Meeting (PAC)

Thursday, 19 March, 4 - 5 pm.

For more information, please phone Miki Nihipali at 263-8081.

■ Youth Sports and Fitness • 263-5437/4066/5991

MESSAGE FROM YOUTH SPORTS AND FITNESS

It is very important to remember that every child must have a sports screening completed and on file annually. Please be sure to check the status of your sport screening in advance of each sport season. While the clinic tries to accommodate everyone, sometimes there is a rush of people trying to get sports screening at the

same time and there are not enough physicians to handle the workload.

VOLUNTEER COACHES


Youth Sports and Fitness is looking for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437. Applications are available on line at www.zamayouthsports.org. Once your application is accepted, you will be

notified and be certified at the next coach's certification meeting.

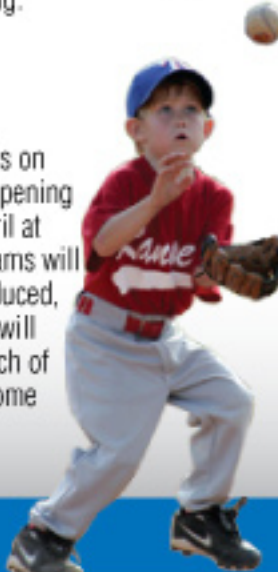
OFFICIALS FOR YOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

SCHEDULE OF YOUTH SPORTS ACTIVITIES



Basketball / Cheerleading: Games are ongoing every Saturday and end on 28 March. Please come out and watch some fun games and great cheerleading.



Baseball: Sign-up is on going until 3 April. Opening day will be on 25 April at Rambler Field. All teams will be present and introduced, and a local dignitary will throw out the first pitch of the season. Please come out and support our baseball program.

• All registrations are taken at the **CYS Central Enrollment Registry Office, Bldg #533**. For more information, call 263-4066/5991.

If you are an aspiring artist or just want to have fun with your friends check out our Arts & Crafts Day every Tuesday at 1500.

Are you ever bored on Sunday's? Well, the Zama Youth Center will be open on March 8th and 22nd from 1200-1700.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

YOUTH CENTER!

• Parent Advisory Committee (PAC) Meeting

10 March - The monthly PAC meeting for the Zama Youth Center will start at 5:30 pm. We believe you're an important part in helping us develop youth center programs as well as establishing or changing youth center procedures and policies.

• "Shamrock Dance"

14 March - The Zama Youth Center will be hosting a middle school "Shamrock Dance" from 6 - 9 pm. Transportation will be provided from the SHA Narita bus stop at 5:30 pm, and the Atsugi Movie Theater at 5:15 pm. You can purchase your tickets from the middle school student council. For more information, call 263-4500 or 263-5303

• "6th Grade Happening"

The monthly "6th Grade Happening" is scheduled for 20 March from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

• MIC Night

21 March- Do you play guitar, write poetry, rap or just want to sing? Then, the Zama Youth Center has the program for you. We will be hosting an open mic night from 7 - 10 pm. The cost is \$2 for all youths in grades 8 - 12. Transportation will be provided from SHA Commissary at 6:30 pm and the Atsugi Theater at 6:15 pm.

If you would like detailed information on any of our programs please check out our web site at www.zamayouthcenter.org.

UPCOMING EVENT

• Easter Egg Hunt

Come out and participate in Child, Youth and School (CYS) Services annual "Easter Egg Hunt". This year's event will be held at the Zama Youth Center on 11 April from 2 - 4:30 pm. We will provide fun activities for both youths and parents. Over 5,000 eggs will be hidden in the front of the facility. We will provide art projects, parent / child relay races and much more.

SKI AND SNOWBOARDING

7 March • Yuzawa Ski Resort

Don't miss! It's our last ski trip.

\$60



The bus will depart the youth center at 4 am and will return at 9 pm. The cost is \$60 and includes free ski or snowboard rental, transportation and free instruction from a trained volunteer. Sign up at the CYS Central Enrollment Registry Office seven days prior to the trip. For more information, please call 263-4500

Times for the Easter Egg Hunt:

Ages	Time
0 - 2	2 pm
3 - 5	2:20 pm
6 - 8	2:45 pm
9 - 11	3:05 pm
12 - 15	3:30 pm

COMPUTER LAB

Tech Club - Meetings are on Wednesday from 1500 – 1600 in the tech lab. Tech team members are involved in photo takings and manipulation, movie making, web designing and community projects concerning technology and much, much more.

• ZTN Zama Teen News

Join us on our very own news show. Club members in grades 6 - 12 will meet on November 4th, and the 18th from 1500 – 1730. They will learn how to film, edit and produce their own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at any time. Volunteers are needed to help make this program a success. Contact Mr. Dan at 263-8573 for more info.

DIGITAL ARTS FESTIVAL



BOYS & GIRLS CLUBS

Digital Arts Festival: This competition is nation-wide sponsored by the Boys and Girls Clubs of America. National winners will receive an all-expense paid trip to one of the top US cities in the summer of 2009. The US city will be determined at a later date. Qualified age groups are 10 - 12, 13 - 15, and 16 - 18. All local winners will advance to the regional competition. Classes are from 3 - 5 pm and are as follows:

Graphic Design

5 March - Recreating Shapes

12 March - Last Day to Turn in Projects

16 - 20 March - Local Judging

Basic Computer Skills: Need to learn some basic stuff about computers? Here is your chance to learn how to surf the web and basic knowledge about Microsoft Office. Classes are 3 - 4 pm.

23 March - Microsoft Office

30 March - World Wide Web

Image Makers: This competition is nation-wide sponsored by the Boys and Girls Clubs of America. National winners will receive an all-expense paid trip to one of the top US cities in the summer of 2009. The US city will be determined at a later date. All local winners will advance to the regional competition. The local festival will be hosted at the community club.

1 - 6 March - Local Festival

SUPPORT THE ZAMA TROJANS

March Schedules

	Day	Time	Zama vs	Place		Day	Time	Zama vs	Place
Girls Soccer					Girls Softball				
Saturday	7	1730	Edgren	Zama	Saturday	14	TBD	Edgren/King	Zama
Sunday	8	1000	Edgren	Zama	Sunday	15	TBD	Edgren/King	Zama
Sunday	8	1200	ISSH	Zama	Sunday	22	1000	Yokota	Yokota
Wednesday	11	1730	Yokota	Zama	Boys Baseball				
Tuesday	17	1730	Seisen	Zama	Saturday	14	1300	Edgren	Zama
Wednesday	18	1800	Kinnick	Atsugi	Sunday	15	1000	Edgren	Zama
Saturday	28	TBD	Edgren	Atsugi	Wednesday	18	1300	Kinnick	Zama
Sunday	29	1000	Perry	Zama	Sunday	22	1000	Yokota	Zama
Boys Soccer					Track and Field				
Saturday	7	TBD	Edgren	Zama	Sunday	22	0900	CAJ/Kinnick/Yokota/Zama	Yokota
Sunday	8	TBD	Edgren	Zama	Sunday	29	0900	DoDDS	Yokota
Saturday	14	1730	Yokota	Zama					
Sunday	29	1000	Perry	Zama					

“See the Bugle for the advertisement”.

SAS BEFORE AND AFTER SCHOOL PROGRAM

Are you looking for a place where your children can join other children in a fun learning environment? Then, come and join School Age Services "Before and After School Program".

REGISTRATION

To register your child or for more information, please stop by the CYS Central Enrollment Registry Office in Bldg 533 at Camp Zama, or call 263-4125 or SAS at 267-6013.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents: come and support the "Parent's Advisory Council". The PAC meeting is an opportunity for parents to provide input and to have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 (SHA) at 5 pm. The SAS March PAC meeting is scheduled for 19 March.

OPEN RECREATION PROGRAM HOURS

Monday - Friday: 3 - 6 pm
Saturday: 1 - 6 pm

(2nd and 4th weekend of the month).

SAS OPEN RECREATION INFORMATION

• Youth are limited to ten hours of open recreation per month. Each youth must have an "Open Recre-

ation" card to participate and must be registered with CYS.

• CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office, Bldg 533. Each card is issued for a specific month.


• For more information, please call 267-6013 or 263-4743/4125/3397.

SAS MARCH EVENTS

- Friday, 6 - - - - 1300 - 1700 - - - - Vision, health check up day
- Saturday, 7 - - - - 0800 - 1300 - - - - Visit to Hibariga Oka Elementary School
- Saturday, 14 - - - - 1300 - 1800 - - - - SAS Open Recreation Program
- Thursday, 19 - - - - 1700 - 1730 - - - - Parents Advisory Council Meeting
- Friday, 27 - - - - 1300 - 1700 - - - - Spring Fun Fair
- Saturday, 28 - - - - 1300 - 1800 - - - - SAS Open Recreation

SAS Program Hours

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
Half Day School		0530 - 0830 and 1200 - 1800
No School Day		0630 - 1800



School Age Services **Camp Zama, Japan**

Rising Star

S P R I N G C A M P

6 - 10 April 2009

Registration starts on 9 March at CYS Central Enrollment Registry Office.
For more information, contact Ms. Bernice Sepulveda, 267-6007.

Reminder:
If you hit a ball over the net
please notify the starter.

Visit Zama MWR at www.mwrjapan.jp.pac.army.mil/
for Club, Golf, Bowling and
Lodging information and
more.

**ATTENTION
GHIN Subscribers.**



It is now time to
renew your GHIN
membership for
2009. All
subscribers have
been deactivated.
Please pay the \$22 fee in
the golf shop to activate
your GHIN membership.
The Junior fee for 2009 is
\$14 (17 and under).

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

Major Tournament Schedule for 2009	
Zama Masters	25 - 26 April
Match Play Qualifier	9 May
Club Championship	12 - 13 September
Zama Open	17 - 18 October

TOMODACHI DAYS ARE AS FOLLOWS:

- 6 March - Friday
- 16 March - Monday
- 27 March - Friday
- 30 March - Monday

Your Japanese guests (up to three)
can play with you for the low fee of
¥5,000 plus cart. This is a signifi-
cant savings over the regular rate of
¥11,000. Check with starters for
available tee times.

TRADE-INS

You can trade-in your old clubs for
“instant” credit towards the purchase
of new clubs. Find out how much
your clubs are worth at <http://valueguide.pga.com/>

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 18 March, shotgun start
at 9:30 am. Contact Ernie Harada at
263-4225 to sign up. Cost is \$25 for
SOFA status golfers plus green fees
for nonmembers.

PAYDAY SCRAMBLE (FREE)

“*Superintendent’s Revenge*”. The
course setup and rules will be “dif-
ferent” for this “don’t miss” event
on Friday, 3 April, shotgun start at
11:30 am. FREE! MWR is paying the
\$15 entry fee and green fees for non-
members. MLC/IHA pay ¥5,000
and JGSDF pay ¥3,000. Limited to
personnel assigned to USARJ, sup-
porting and tenant units and their
Family members. Sign up on the
intranet or golf course web site.

LOWER YOUR SCORE

Friday, 13 March, 3 - 7 pm (Driving Range)



Come out and try the
new products.

Titleist

LUNCH

Mondays

- 2 Beef and Broccoli
- 9 Lumpia, Fried Rice, Pancit combo
- 16 BBQ Pork Skewer
- 23 Chicken Apritada
- 30 Sweet and Sour Pork

Tuesdays

- 3 Spinach Tortilla Wraps
- 10 Chicken Carbonara Sandwich
- 17 Blackened Fish Sandwich

LUNCH

- 24 Chicken Pita Pocket

- 31 Chicken Strudel

Wednesdays

- 4 Roasted Chicken
- 11 Bacon Wrapped Pork Loin
- 18 Roast Beef w/Au Jus
- 25 Chicken and Dumplings

Thursdays

- 5 Carne Asada
- 12 Chicken Enchiladas
- 19 Beef Fajita
- 26 Taco Salad

LUNCH

Fridays (6, 13, 20 and 27 March)

- Fried Cod Fish and Shrimp
- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

Saturdays (No Daily Lunch Special)

Sundays

- 1 Rigatoni Alla Norma
- 8 Pork Cutlet w/Parmigiana
- 15 Spaghetti w/Meat Sauce
- 22 Chicken Tomato Stew w/Pasta
- 29 Lasagna



ANNOUNCING

"ZeLOCITY PureLaunch" launch monitor for personalized Club fittings.



Want to know your spin rate, launch angle, distance etc...? No more guess work. Launch monitor with two integrated Doppler-radar transceivers; patented technology; made in USA. Outputs: ball velocity, club head speed, carry distance, power transfer ratio %, launch angle, total spin, deviation, angle of descent, angle of attack, side spin, club face angle, angle of descent, trajectory graphics, shot simulation, club acceleration and deceleration, data and reports. Call Dale Jorgenson at 263-3694 to schedule your personalized club fitting session.

ZeLOCITY



#1 TEE IS RESTRICTED TO 3 WOODS OR LESS. ABSOLUTELY NO DRIVERS!

このホールは(3番ウッド)もしくは(アイアン)のみのティーショットに制限されています。

DRIVERS ARE PROHIBITED ON HOLES 1 AND 5.

LEARN TO GOLF ADULT CLASSES

TAKE THE MYSTERY OUT OF GOLF

2009 GROUP LESSON SCHEDULE

These group classes are designed for beginner golfers. The instruction covers all phases of the game including rules and etiquette. The goal of the course is to create new golfers.

P.O.C: DALE JORGENSEN, DIRECTOR OF GOLF
dale.jorgenson@zama.army.mil or 263-4224

SCHAD NII, ASSISTANT GOLF PRO
schad.nii@zama.army.mil or 263-5284

INSTRUCTORS: Dale Jorgenson, Director of Golf
Schad Nii, Assistant Golf Professional

DATE: Thursdays (Yearly Schedule)

TIME: 4 - 5:30 pm

CLASS SIZE: Maximum: 16 Persons Minimum: 6 Persons

PRICE: \$ 99 Per Person

Price Includes: -Five Group Lessons (First Four at Range, Fifth at Course)

-Four 9-Hole rounds of Golf (Cart not included)

-Golf Clubs and Balls (For Class)

ENROLL: Sign Up at the Golf Course Pro Shop

ELIGIBILITY: Open to SOFA Status Personnel, MLC, IHA, HPT and JGSDF Only

SESSION #1: March 5th, 12th, 19th, 26th and April 2nd

SESSION #2: April 16th, 23rd, 30th, May 7th and 14th

SESSION #3: May 28th, June 4th, 11th, 18th and 25th

SESSION #4: July 9th, 16th, 23rd, 30th and August 6th

SESSION #5: September 3rd, 10th, 17th, 24th and Oct. 1st

SESSION #6: October 15th, 22nd, 29th, Nov. 5th and 12th



“See the Bugle for the advertisement”.

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

- **King of the Hill Tournament**
Sunday, 1 March, 11 am - 6 pm.
- **Crown Jewel of the Month Tournament**

Saturday, 7 March, 11:30 am - 1:30 pm. Youths ages 10 - 18.

- **No Tap Tournament**
Sunday, 15 March, 11:30 - 3 pm.

• St. Patrick's Day Special

Wear green and get discounted bowling all day.

- **Cosmic Bowling / Bowling Party**
Saturday, 21 March, 7 - 9:30 pm.

■ Sagami Lounge • 268-4954/4847 • Orders: 268-4142

LUNCHES

MONDAY

- 2 Steamed Chicken and Rice
- 9 Lasagna w/Garlic Bread
- 16 Spaghetti w/Meat Sauce Casserole
- 23 Garlic Chicken Saute
- 30 Chicken Cutlet (Lounge Special)

TUESDAY

- 3 Parmesan Pork Cutlet
- 10 Pork Ginger
- 17 Roast Turkey
- 24 Italian Hamburger
- 31 Lasagna w/Garlic Bread

WEDNESDAY

- 4 Cheeseburger
- 11 Beef Pot Pie
- 18 Chicken Taco Rice
- 25 Yakisoba, Fried Rice and Karage

LUNCHES

THURSDAY (All-U-Can Eat)

- 5 American Buffet
- 12 Mexican Buffet
- 19 Italian Buffet
- 26 French Buffet

FRIDAY

- 6 Shrimp Soft Taco
- 13 Tuna Casserole
- 20 Chicken Curry
- 27 Seafood Platter

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.95)

- 3 Mexican Dinner Special
- 10 BBQ Dinner Special

DINNER SPECIALS

- 17 Pizza and Pasta Dinner
- 24 Regular Menu

WEDNESDAY NIGHT

Family night movies for adults and youths 4, 11, 18 and 25 March Regular dinner menu; choose your discount.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 5 French Dinner \$20
- 12 Chinese Dinner \$20
- 19 Prime Rib Dinner \$20
- 26 Regular Menu

FRIDAY NIGHT

(MONGOLIAN BBQ)

Fridays, 13 and 27 March, enjoy the best Mongolian BBQ in town!! Also, on 6 and 20 March we offer the regular dinner menu.

Sagami Lounge
Mongolian BBQ
13 and 27 March, 4:30 - 8 pm



60¢ per oz

Served with soup and rice

Pick your favorite vegetable and meat and have it cooked with our special sauce.

For more information, please call 268-4142

PRIME RIB DINNER
Thursday, 19 March, 5 - 8 pm
Please make a reservation.



Only \$20

Limited to 30 customers

- Soup
- Salad
- Rice
- Vegetable
- Mashed Potatoes
- Bread
- Dessert

“See the Bugle for the advertisement”.

ZAMA ITT

Spring Escapade

TOURS

ON SALE

APRIL 4 - 12, 2009

SPRING ESCAPADE TOURS ARE AVAILABLE FOR SIGN-UP NOW.

- Angkor Wat and Ho Chin Minh Discovery
- Taiwan Around Island Tour
- Best of China
- Discover Hong Kong & Macau
- Beach and City of Thailand
- Southern Trail of Australia
- Adventure Cairns
- Classic Vietnam



Call Zama ITT or check our website for more information.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com

- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>



Special Guest: "San Diego Charger" Cheerleaders **SUPER BOWL**



winners. The "Chairman of the Board" winner was SFC Gary Rondeau, USARJ, MP Bn, w

Secondly, the main attraction was the San Diego Charger Cheerleaders wh
 introductions. From the early morning hours until the game clock read 0:00, th
 of posters. The party was "SUPER", but the cheerleaders were "SUPER"



PARTY was "SUPER"

"FOR AN ENTICING FOOTBALL PARTY RECIPE":

Add: Soldiers ~Soldiers ~Soldiers

Add: Quality door prizes

Add: The highest TV rated Super Bowl game

Add: The San Diego Charger Cheerleaders

Bake: Approximately 4 hours

Enjoy: **"A FANTASTIC SUPER BOWL PARTY"**

Although Camp Zama's Super Bowl Party did not begin until 7 am, fans were at the community club entrance as early as 5 am to get a choice seat that ensured a good view of the game and an equally good view of the San Diego "Charger" Cheerleaders.

Festivities began at 7 am with an outstanding buffet breakfast, and as the line grew longer and longer the line at the entrance grew equally as long. At kickoff, the ballroom was packed with over 500 excited fans, many showing support for both the "Steelers" and "Cardinals", but also others who showed their loyalty by wearing an NFL jersey bearing the name of their favorite team.

There were two major attractions at this special sporting event. First, the opportunity to be a "Queen", "King", and "Chairman of the Board". The Queen and King drawings were for military personnel only, and each winner received five special prizes and sat with the cheerleaders for a quarter. LT Sharon Quallio and CPT Matt Ellis were the big who won two round trip airline tickets to Hawaii and two tickets to the Pro Bowl game.

o got the big crowd into a festive mood with a spirited, high energy dance routine followed by personal he cheerleaders proved to be perfect NFL ambassadors by unselfishly posing for countless photos and signing hundreds too!!! Thanks for the great memories.....



CAMP ZAMA COMMUNITY



BAZAAR

AT THE CAMP ZAMA COMMUNITY CLUB

FEB
(SATURDAY)
28

9 AM - 5 PM

MAR
(SUNDAY)
1

10 AM - 4 PM

OVER 50 VENDORS:

CHINESE ROSEWOOD FURNITURE,
CLOTHING, JEWELRY, POTTERY,
ANTIQUES, ELECTRONIC GOODS,
KIMONOS, ARTS & PICTURES,
KOREAN & THAI FURNITURE, TOYS,
HONG KONG LINENS.....

For more information: 263-5316

WEAR GREEN

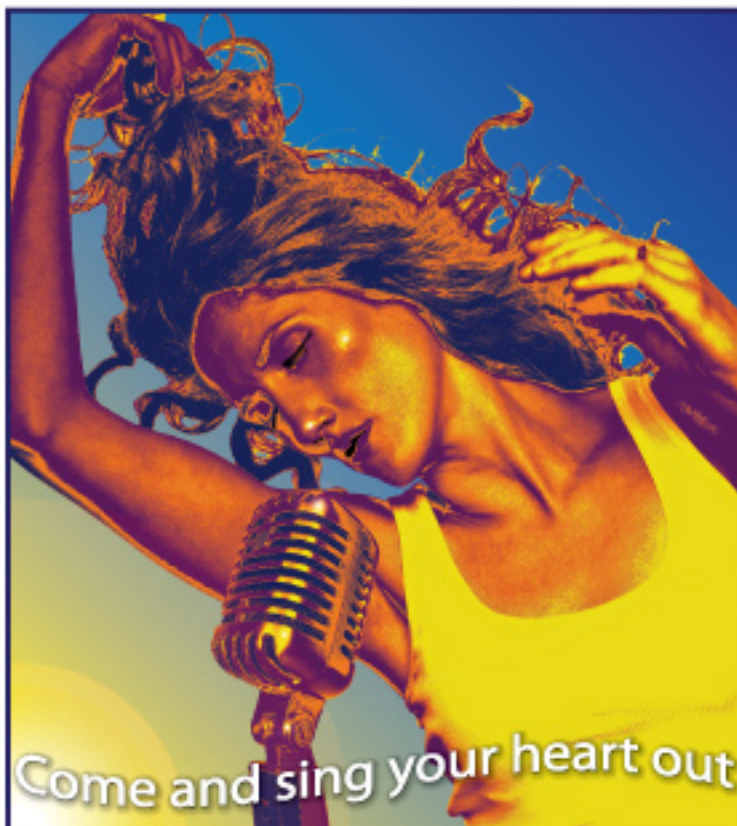
AND GET A DISCOUNT ON YOUR MEAL!

TUESDAY, 17 MARCH, 10:45 AM - 1:15 PM

CAMP ZAMA COMMUNITY CLUB

HAPPY ST. PATRICK'S DAY!

FOR MORE INFORMATION, CALL 263-4547



Come and sing your heart out

Karaoke Contest

CAMP ZAMA COMMUNITY CLUB
7 March, CZCC Firelite Lounge

14 March, Quarter Finals
21 March, Semi-Finals
28 March, Grand Final

Event starts at 6 pm

First Place Prize: \$350
Second Place Prize: \$250
Third Place Prize: \$100
Fourth Place Prize: \$75

Sign up at the Cashier's Window

Open to USAG-J Zama Community
All SOFA Personnel, MLC/JHA Personnel, and JGSDF

FOR MORE INFORMATION, CALL
263-4547



Cafe Roberto

is proudly serving Starbucks coffee all day (11 am - 11 pm). Enjoy sandwiches, salads, nachos, pizza and desserts with Family or friends. Also, a continental breakfast is available Tuesday - Friday, 7 - 9 am. Come join us!!! No food served after 10 pm.

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Hip Hop Music w/DJ**
On Friday Night, 6, 13, 20, and 27 March, "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Country Music with DJ**
On Saturday night, 7 and 14 March, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.
- **Old School Night**
Saturday, 21 March, 8 pm - 1 am, playing your favorite 60's, 70's, 80's and 90's artist songs.
- **Latino Night**
Saturday, 28 March, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95
Youths 8 - 12: \$6.95
Youths 4 - 7: \$3.95
3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 3 • Chicken Marsala
- 10 • Turkey a la King
- 17 • Spanish Chicken
- 24 • Chicken Cacciatore
- 31 • Chicken Fried Steak w/Country Gravy

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 4 • Hayashi Rice
- 11 • Pork Adobo
- 18 • Pork Ginger
- 25 • Veal Parmesan

Thursday: (Rotisserie Chicken and vegetable of the day)

- 5 • Hamburger Steak w/Mushroom Demi
- Spaghetti w/Meat Sauce
- 12 • Beef Menchi Cutlet
- Pasta Basilico w/Baby Shrimp and Avocado
- 19 • Coq Au Vin
- Spaghetti w/Chicken Primavera

BINGO IS BACK!
Camp Zama Community Club
EVERY THURSDAY
CARD SALE AT 6 PM - EARLY BIRD GAME AT 6:45 PM
REGULAR GAME STARTS AT 7 PM

THE WEEKEND HAS FINALLY ARRIVED
TGIF
EVERY FRIDAY (EXCEPT ON COMMUNITY NIGHT DAYS)
CZCC FIRELITE LOUNGE, 4 - 10 PM
70'S & 80'S MUSIC FOLLOWED BY KARAOKE AND HIP HOP NIGHT FROM 10 PM - 3 AM.
DRINK SPECIALS, LIGHT SNACKS, GOOD MUSIC, AND GOOD FRIENDS PROVIDED.
EVERYONE WELCOME
FOR MORE INFORMATION, CALL 263-4547

NEW PROGRAM!
PUZZLE NIGHT
10 & 24 MARCH, 5 - 7 PM
CZCC CAFE ROBERTO
WIN CASH PRIZES!!
FOR MORE INFORMATION, CALL 263-4547

LUNCH

- 26 • Beef Bulgoki
• Spaghetti
w/Wild Mushrooms

Friday "Lunch Buffet" (soup and vegetable of the day, \$6.95)

- 6 • Chinese Chili Chicken
• Pork Chop Suey
• Fried Rice / White Rice
13 • Baked Meat Loaf
• Southern Fried Chicken
• Collard Greens
• Jambalaya
• Black Eye Peas
w/Ham Hocks
20 • Huli Huli Chicken
• Kalua Pork
• Yakisoba / White Rice
27 • Chicken Enchiladas
• Beef Tacos
• Burritos
• Mexican Rice / Corn

Saturday (No Lunch)

DINNER MENU

Sunday (limited menu) 5 - 9 pm
"2 for 1 Steak Night for \$20"
(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday

2 meals for \$15 and limited menu, 5 - 9 pm. Menu will change every week.

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Thursday (limited menu) 5 - 9 pm

DINNER MENU

- "All You Can Eat Pasta, Pizza, Soup and Salad Bar" (no take out)
Adult: \$10.95
Youth 4 - 12: \$5.95

Friday "Chef's Special"

Regular Menu (5 - 10 pm)

Saturday (regular menu 5 - 9 pm)

- Prime Rib Dinner
 - Prime Rib and Shrimp Scampi
- 21 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.

The cost for Mongolian BBQ at the CZCC is now \$0.75 per ounce.

Participants must be 18 or older.

FREE • FREE • FREE

For more information, 263-4547

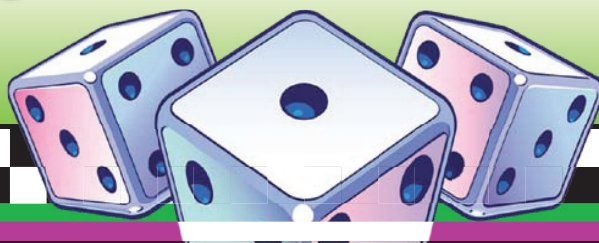


Gals ... and guys too!

13 March, 6 pm at Eda's

FMWRG sponsored event for all SOFA personnel. Call to reserve your seat at the bunco table...or just show up! Special drawing for advance reservations! No experience necessary to play!

Win gift cards and other great prizes!



“See the Bugle for the advertisement”.

Learn-to-Swim Spring Program



- Spring program will continue through March.
- Registration for the April session starts 23 March at the Yano Fitness Center.
- Registration deadline is the Wednesday prior to the start of the session.
- Youth and Adult classes available.
- Check out the flyer for more in depth information.

Lifeguard Training Course



9 March ~ 2 April
5:30 ~ 9 pm • Mondays, Wednesdays and Thursdays
8:30 am ~ 5 pm • Saturdays (21 and 28 March)
• See flyer for pre-requisites, course details and cost.

**For more information, please call 263-4664 or Greg at 263-3348*

SHA Loop Run III



9 am
Saturday, 7 March
**Starting point is behind the swimming pool, SHA.*

- No Fee for this event.
- Register by 5 pm, Friday, 6 March at the Yano Fitness Center issue counter.
- There will be no registration on the day of the race.
- Packet pick-up is on the day of the race, 7:30 ~ 8:55 am by the Narita bus stop.
- Awards will be presented to the top 3 adult men and women per age category.
- Men and Women age categories: Adult 18-29 • 30-39 • 40-49 • 50 plus years.

** For more Info, please call 263-4664.*

*** All adult participants receive a "bloomin onion" coupon.**

MWR COMMERCIAL SPONSORSHIP and the SPORTS staff thank our sponsors
Outback Steakhouse, Coca-Cola, and DECA
for supporting our community and this event.



Solarium reservations. If you are considering a party in the solarium please submit a "solarium reservation request" to the front desk at the Yano Fitness Center. Forms are available at Yano and can be e-mailed to you upon request.

■ Sports, Fitness and Aquatics

263-3954 / 4664

ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas:

Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

ZUMBA

Zumba classes are held on the second floor, Yano Fitness Center.

The schedule:

Monday and Wednesdays:

5:30 - 6:30 pm

Tuesdays and Thursdays:

10:30 - 11:30 am

7:30 - 8:30 pm (new time)

Saturday:

10:30 - 11:30 pm

The cost is \$4 per class, \$36 for a 10 class card and \$68 for 20 classes. Zumba is a fusion of Latin and international music that creates a dynamic, exciting and effective cardiovascular aerobic workout.

TAI CHI

Tai Chi (Chinese breathing exercise) and Kung Fu fitness (every Monday

at 6:45 pm).

One session: \$6

4 sessions: \$20

TANNING BOOTH

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

6:20 am - 6:25 pm

Weekends:

10:05 am - 5:35 pm

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

MASSAGE

• Aqua Massage

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old.

• Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

• Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost

CAMP ZAMA YANO FITNESS CENTER

INTERNATIONAL VOLLEYBALL TOURNAMENT

MEN & WOMEN DIVISIONS
9 am • Sunday, 15 March
\$50 per team fee

Entry deadline is 5 pm, 9 March.
For more information, please call 263-4664.



is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21).

• **Brian's Massage**

Tuesdays: 6:30 am - 9 pm

Wednesdays: 5:30 am - 9 pm

Thursday: 6:30 am - 4:30 pm

Cost:

Swedish Massage:

30 minutes: \$25

60 minutes: \$45

Sports Massage:

60 minutes: \$60

90 minutes: \$85

Deep Tissue Massage:

60 minutes: \$60

90 minutes: \$85

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

AQUATICS

• **Water Aerobics Program Days and Hours**

Water Aerobics Classes:

Mondays, Wednesdays and

Fridays: 9 - 10 am

Aqua Jogger Class:

Tuesdays and Thursdays:

6 - 7 pm

See flyer for specific details and cost.

**TRAINING RESERVATIONS
(SWIMMING POOL)**

Postponed due to pool closure


If you are considering utilizing the Yano pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be e-mailed upon request. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, and Swimming Technique.

**CLOSED FOR
MAINTENANCE**



On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 8 am - noon.

YANO FITNESS CENTER



**CAMP ZAMA
INTRAMURAL
VOLLEYBALL**

- Starts on/or about 16 March.
- Entry deadline is 3:30 pm, Thursday, 12 March.
- For more information, please call 263-4664.

**DOUBLES
TENNIS TOURNAMENT
MEN & MIXED DIVISION**



10 am • Saturday, 28 March

- No Fee
- Entry deadline is 7 pm, Wednesday, 25 March.
- For more information, please call 263-4664.

**Type of play determined by the number of entries.*

“See the Bugle for the advertisement”.

CLASSES

• Ballroom Dance

* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have some experience and good physical ability for dancing.

* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• Piano Lesson (four classes a month, ¥7,000).

Monday - Friday.

• Violin Lesson (four classes a month, ¥7,000).

Tuesday or Thursday.

• Koto Lesson

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

• Jazz, Ballet and Lyrical Dance

Monday

* Ballet I (ages 5 - 6): \$60
4 - 5 pm.

* Ballet II (ages 7 - 9): \$60
5:15 - 6:15 pm.

* Ballet III (ages 10 over): \$60
6:30 - 7:30 pm.

* Ballet IV / Advanced (age 12 over)
\$60. Tuesday, 5:45 - 6:45 pm.

* Pointe / Advanced (age 12 over)
\$15. Tuesday, 6:45 - 7:45 pm.

• Creative Movement / Pre-Ballet
(ages 3 - 4): \$45

Tuesday, 4 - 4:30 pm or 5 - 5:30 pm.

• Jazz

* Introduction to Jazz (ages 6 - 9):
\$60

Wednesday, 4 - 5 pm.

ATTENTION

*The Music and Theater Workshop
will be closed until the end of July
2009 due to renovation.*

* Jazz Technique (ages 10 over or by
audition): \$60

Wednesday, 5:15 - 6:15 pm.

• Lyrical (Advanced)

• Taekwondo Class

Monday and Thursday, 5:30 - 8:30 pm.

COMING SOON

ATA certified taekwondo program,
Tuesday and Friday, 5:30 - 8:30 pm.

If you are interested in teaching a
class, please stop by the Community
Cultural Center or call 263-8892.

Armed Forces Entertainment

PACIFIC TOUR 2009 SCHEDULE

• "Fools & Horses" at Cherry Blossom Festival.

Fools & Horses have the sound, energy, and excitement that has put them on top of the mid-atlantic music scene and quickly expanded them on to a national level. They were recently featured on a Starbucks CD sold nationwide, have music on MTV, A&E, E Channel and have appeared on FUSE TV, and Fox Television. They continually tour performing at colleges, clubs and special events. Fools and Horses have opened for Bon Jovi and also performed for the Washington Redskins! Voted "Best Modern Rock Band" (Washington Area Music Association!!).

• "The Grilled Lincolns", 6 May, 8 pm at CZCC (Firelite Lounge).

• Polynesian Dancers", 26 May, time and location to be determined.

**ARMED
FORCES
ENTERTAINMENT**



TEXAS HOLD'EM TOURNAMENT



Saturday, 21 March
CZCC Ballroom, Starts at 2 PM

Sign up at the Cashier's Window

Tickets purchased by 17 March \$40. After 17 March \$50.
Includes Buffet, Non-Alcoholic Drinks, and Prizes

PRIZES WILL BE BASED ON THE NUMBER OF PLAYERS

ADULTS ONLY



SIGN UP NOW !!!

For more information, call 263-4547

A

rts and
Crafts Center needs:
tole paint, Washi-paper
crafts, digital
photography, pottery,
balloon art and
sawing class
instructors.

■ Arts and Crafts • 263-4412

CLASSES

• Pottery Classes

* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

* Thursday class: 1st and 3rd Thursday, 6 - 8 pm, \$20 for a class, supplies are included.

* First Saturday of the month, 10 am - noon, \$20 for a class, supplies are included.

* Etsuke class (drawing for pottery) is also available, 5 - 6 pm, \$10 a class.

• Scrap Book Classes

Thursdays at 2 pm. Cost is \$15 for

a class. Supplies are included. Bring a few of your own photos.

• Water Color Painting Classes

Wednesday, 6 pm, \$15 for a class.

• Washi Paper Craft Workshop

Fee is \$10; supplies are available at the sales store (by appointment only).

• Tole Painting Class "American Folk Art"

Thursdays, 3 pm, \$15 for a class.

• Ikebana (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

• **Shodo** (Japanese calligraphy class), Thursdays, 3 pm, \$10 for a class; includes all supplies.

• Wood Shop Orientation for DA 3031.

Saturdays: 10 am, no fee.

• Frame Shop Orientation

2nd and 4th Thursday, 6 pm, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

NOTE: All classes require advance registration. Schedules are subject to change.

Balloon Shop

We have a message for every special occasion in your life (helium filled mylar and latex balloons). For better service, place your order in advance.

For more information, 263-4412

Are you providing child care in your home?

Are you a CERTIFIED Army Family Child Care Provider?

Become FCC Certified ... It's the right thing to do!

ARMY STRONG

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday: 1 - 9 pm
 Saturday and Sunday:
 10 am - 6 pm

PLEASE NOTE:

- Wednesday - Saturday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during regular Auto Craft Shop hours of operation.

• Used Vehicle Courtesy Inspection

We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

CAR WASH

The Sagamihara Housing Area car wash is closed indefinitely due to damage. The Zama car wash can be

accessed:

Monday - Tuesday:
 8 am - 4:30 pm,
 Wednesday - Friday:
 8 am - 8:30 pm
 Saturday - Sunday:

9 am - 5:45 pm.

NOTE: Please note that during winter months it is advised that you use the car wash in the afternoon to let the machine warm up for optimal operating conditions.

USED PARTS FOR SALE

- Large GT wing - - - - - \$125
- R32 skyline aftermarket exhaust - - - - - \$50
- 18" rims, 8" (+40) wide and 9" (+45) wide - - - - - \$160
- "CD/MP3" player stateside radio tuner - - - - - \$45
- "CD" player stateside radio tuner - - - - - \$35
- "MD" player Japanese radio tuner - - - - - \$35
- 6 X 9 speaker - - - - - \$30 pair
- 6 1/2" speaker - - - - - \$15 pair
- 5 1/4" speaker - - - - - \$15 pair
- Honda Odyssey aftermarket springs, front and rear - \$25 set
- Safety flares - - - - - \$2

FREE STUFF

- "KIT" liquid type carnauba car wax
- Various vehicle (maker unknown) rear brake shoes



Camp Zama Auto Craft Shop
CLASSES



n-Line Catalog.

Search our collection
from home or work at:
<http://yoko.sirsidynix.net.au/uhtbin/webzama>.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- *Guilty* by Coulter, Ann H. (Best Seller)
- *Ultramind Solution* by Hyman, Mark (Best Seller).
- *All Pets Go to Heaven* by Browne, Sylvia
- *Bicycles: Love Poems* by Giovani, Nikki
- *Fire and Ice* by Garwood, Julie
- *High Voltage Tattoo* by Von D. Kat
- *Living Well* by Williams, Montel

- *Red Carpet Suicide* by Hilton, Perez
- *Running Hot* by Krentz, Jayne Ann
- *Survivors Club* by Sherwood, Ben

NEW DVDS

- *Lost: Season 4* Drama
- *The Dark Night* Drama
- *Killer of Sheep* Drama
- *King Corn* Documentary
- *Dr. Seuss' Horton Hears a Who!* .
..... Children
- *Peter and the Wolf* Children

■ Outdoor Recreation and Local Tours • 263-4671

THIS MONTH'S TOURS AND EVENTS

- *Tokyo Joypolice and Odaiba*
Sunday, 1 March, 9 am - 6 pm
- *Ikea Shopping*
Sunday, 1 March, 9:30 am - 5:30 pm
- *Ski / Snowboard at Norn Minakami*
Saturday, 7 March, 5 am - 11 pm
- *Snowmobiling at Kinugawa*
Saturday, 7 March, 5 am - 7:30 pm
- *Mito Kairaku Garden Plum Festival and Kirin Beer Factory*
Sunday, 8 March, 6 am - 7 pm
- *Mt. Takao Fire Walking Festival*
Sunday, 8 March 9 am - 5 pm

- *Cirque Du Soleil "Corteo"*
Friday, 13 March, 3:30 - 11 pm
- *Ski / Snowboard at Tanbara Ski Park*
Saturday, 14 March, 4 am - 11 pm
- *Enoshima Spring Festival*
Saturday, 14 March, 8:30 am - 5 pm
- *Tagata Fertility Festival*
Sunday, 15 March, 5 am - 8:30 pm
- *St. Patrick's Day Parade in Harajuku*
Sunday, 15 March, 10:30 am - 6 pm
- *Deep Sea Fishing*
Saturday, 21 March,

4 am - 3:30 pm

- *Gold Picking and Kunonji Temple*
Saturday, 21 March, 7 am - 8 pm
- *Kawazu Seven Waterfalls Hiking*
Sunday, 22 March, 7 am - 6 pm
- *Gotemba Outlet Mall Shopping*
Sunday, 22 March, 8 am - 5:30 pm
- *Kyoto--Osaka Overnight*
Saturday, 28 March, 2 am - Sunday, 29 March, 9 pm
- *Disneyland / DisneySea*
Saturday, 28 March, 7 am - 11 pm
- *Tokyo Motorcycle Show*
Sunday, 29 March, 9 am - 5:30 pm

Interactive Customer Evaluation



We are listening!

Please give us your

ADVICE

Interactive Customer Evaluation

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.disa.mil/index.cfm>

Good or Bad, we'd like to know!



**Better Opportunity
for Single Service Member**

MEETINGS

BOSS meets every Tuesday at 2 pm in the Community Cultural Center (everyone is welcome to attend).

POC: SP Edward Web
263-4956

CATHOLIC SERVICES

Mondays - Fridays, noon-12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel.

Sundays, 10:45 - 11:45 am, CCD and RCIA, Bldg 278, Religious Education Center.

3rd Sunday, 10:45 am, Adult Religious Education class, Bldg 278, Religious Education Center.

1st and 3rd Thursdays, 6 - 7 pm, MCCW (Military Council of Catholic Women) Book Club, Zama Chapel.

4th Monday, 7 pm, MCCW Meeting, Zama Chapel.

PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel.

Sundays, 11 am, Children's Church.

Sundays, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Sundays, 9:30 am, Sunday School, Bldg 278, Religious Education Center.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel.

Sundays, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services; youth church for 1st grade through 6th grade during Sunday service).

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, Sagamihara Chapel.

Sundays, 9 am, Children's Church,

Sagamihara Chapel.

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

SEVENTH DAY ADVENTIST SERVICES

1st and 3rd Saturdays, Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School

11 am, Divine Worship

Contact Tom Johnson at 263-3275 or tom.johnson3@zama.army.mil

JEWISH SERVICES

For information about Jewish worship services and holiday events, please contact Sharon Goodman, the Camp Zama Jewish Lay Leader, at DSN 267-6190 or from off post, 042-869-6190, or write to sharon-rok@yahoo.com

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Sundays, 9 am - noon, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

Tuesdays, 7 pm, Tuesday Night Youth Activity, Sagamihara Chapel. Call Richard Smith, 046-234-9490, or Travis Sommer, 267-6534.

CHURCH OF CHRIST

Sundays, 9:45 am, Sagamihara Fam-

ily Housing Area, 301D.

For more information, call 267-6529 or e-mail slmerrell@yahoo.com

ONGOING BIBLE STUDIES

Tuesdays, 11:45 am - 12:45 pm, Community Lunch Bible Study (lunch is provided). Evangelical Ethics is the first book study. Topics to be covered include: abortion, environmental ethics, euthanasia, and other cultural issues. POC is Chris Wallace at chris.w.wallace@us.army.mil.

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Haywood at 263-5624.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Beth Alexander at 267-6155.

Thursdays, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Beth Alexander at 267-6155.

CHAPEL ACTIVITIES IN MARCH

Saturday, 28 March, 4 - 5:30 pm, Missionary Appreciation Dinner, Camp Zama Community Club.

The Zama Chapel community has many other programs for you and your Family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.

FUTURE MAJOR MWR EVENTS		
		LOCATION
3 April	Payday Scramble	(CZGC)
4 April	Cherry Blossom Festival	
	Cherry Blossom Youth and Adult Run / Walk	
5 April	Cherry Blossom Stroll	(CZGC)
17 April	Volunteer Recognition Ceremony	(CZCC)
19 April	Friendship 5k, 10k and Half Marathon	(Depot)
25 - 26 April	Zama Masters Golf Tournament	(CZGC)

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ Army Community Services 263-4357
Mon, Tue, Thu, Fri 0730-1630
Wed 0730-1500

ZAMA Golf Club

■ DIRECTOR OF GOLF 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097

Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
■ ADMINISTRATIVE OFFICE 263-5614
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch

■ AUTO CRAFTS SHOP 263-3615

Sun-Mon Closed
Tue-Fri 1300-2100
Sat 1000-1800
Open during lunch

■ COMMUNITY CULTURAL CTR 263-3939

Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273

Mon-Fri 1000-1800
Open during lunch

■ LIBRARY 263-3517

Zama
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671

US Holidays Closed
Vehicle/Equipment Rental & Local Tours
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ POOLS 263-5656
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)

■ SPORTS/FITNESS CENTER 263-4664

Zama 263-3954
Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273
■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086
(All the following CDC facilities are open during lunch.)

CYS Central Enrollment Registry Office
263-4125
263-4743

Mon-Fri 0800-1700

Family Child Care 263-4743
263-4125

Sagamihara CDC 267-6564
Mon-Fri 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ YOUTH SERVICES 263-4500

Zama Youth Center
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1200-2200
Sun 1200-1700

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293
Reservation Desk 263-2775

Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE

Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
Lobby 644-4706

■ AUTO CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB

Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426

■ LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING

Commercial Sponsorship 644-4495

■ SPORTS / FITNESS 644-4665

Sports / Fitness 644-4334
Aquatics 644-4389

■ OUTDOOR RECREATION

Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659

Kure Harbor Club

■ MWR Office 256-2580
256-2581

Outdoor Recreation 0800-1630
256-2575

Dining Room 0900/1700

Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

■ Bar Mon 1630-2000
Tue-Sat 1630-2200

■ PX / CLASS 6
Mon-Fri 0900-1730
Sat 1130-1530



CHERRY BLOSSOM FESTIVAL

SATURDAY, 4 APRIL 2009



CAMP ZAMA



YOUTHS 3K Run & 3K Walk, starts at 0830

ENTRY - \$15.00 FOR SOFA
¥2,000 FOR NON-SOFA

INFORMATION FOR YOUTHS

- Starting time 8:30 am in front of the Community Cultural Center (CCC).
- Register at the CYS Central Enrollment Registry Office, Bldg 533 (263-4125/5723), 16 February - 3 April. You can also register 4 April (7 - 8 am) at the Gazebo next to the CCC.
- T-shirts are guaranteed for the first 75 walkers/runners who register and pay.
- Packet pickup at the Yano Fitness Center 3 April, 3 - 6 pm, and day of the race 7 - 8 am at the Gazebo next to the CCC.
- Awards will be given for boys and girls in each age group. The age groups are: 5 - 8, 9 - 12, 13 - 15 and 16 - 18. Awards and prize drawings will be held at the CCC immediately following the event.
- For further information, phone the Youth Sports Office at 263-5437/4066

YOUTH DOOR PRIZES (all participants are eligible):

- Electronic merchandise (courtesy of DyDo)
- Bicycle (courtesy of Grainger)
- Carry bags (courtesy of Coca-Cola)
- Tickets (courtesy of Fujikyu)
- Tickets (courtesy of Tokyo Summer Land)



ADULTS 7K Run & 3K Walk, starts at 1000

ENTRY FEE - \$15.00 FOR SOFA
¥2,000 FOR NON-SOFA

INFORMATION FOR ADULTS:

- Starting time 10 am in front of the Community Cultural Center (CCC).
- Registration: SOFA personnel at the Yano Fitness Center by 1 April, or mail to RD, DFMWR, USAG-J, Unit 45006, Sports and Aquatics, APO AP 96343-5006 by 24 March, ATTN: IMCP-JA-MWR-SP (no registration on the day of the event). T-shirts are guaranteed for the first 650 walkers/runners
- Packet pick-up: 3 - 6 pm, Friday, 3 April at the Yano Fitness Center; 7:30 - 9:30 am on Saturday, 4 April at the CCC (Gazebo).
- Awards: Top 3 awards in both men's & women's divisions in the following age categories: 18-29, 30-39, 40-49, and 50 plus (awards also to the overall top male & female runners). Awards presented at the CCC immediately following the event.
- For further information, phone the Zama Sports Office at 263-7980.

SPECIAL ADULT PRIZE:

PAIR OF AIRLINE TICKETS TO THE USA
(COURTESY OF CONTINENTAL AIRLINES)

ADULT DOOR PRIZES

(all participants are eligible):

- Tickets (courtesy of Fujikyu)
- Outdoor kits (courtesy of Coca-Cola)
- Tickets (courtesy of Tokyo Summer Land)
- Food coupons (courtesy of Outback)



Run and Walk Sport drinks
provided by DYDO

“See the Bugle for the advertisement”.



Cherry Blossom Festival 桜まつり

CAMP ZAMA
キャンプ座間

SATURDAY, 4 APRIL 2009 • 1030 - 1800
2009年 4月4日(土曜日) • 午前10時半 - 午後6時



- RUN & WALK • FOOD • AMERICAN LIVE BANDS
- STREET PERFORMERS • FAMILY ENTERTAINMENT
- GAMES • PLUS **BEAUTIFUL CHERRY TREES**
- ラン&ウォーク • 出店 • アメリカンライブバンド
- ストリート パフォーマンス • 家族向けエンターティメント
- ゲーム • **お花見**



• **0830: YOUTH – 3K RUN & 3K WALK**
Registration: CYS Central Enrollment Registry Office
Phone 263-4125/5723

• **午前8時半: 子供 – 3Kラン & 3Kウォーク**
子供参加者受付: 電話 046-407-4125/5723

• **1000: ADULT – 7K RUN & 3K WALK**
Registration: Zama Sports Office
Phone 263-7980/7979

• **午前10時: 大人 – 7Kラン & 3Kウォーク**
大人参加者受付: 電話 046-407-7980/7979

For your protection and safety, large bags, back packs, ice chests, coolers, skate boards, bicycles, kick bikes, pets, alcoholic beverages and glass containers are prohibited.
* Please expect entry delays. More information: Tel 046-407-4177 & 263-4177
※ 大袋、バックパック、クーラーボックス、スケーターボード、自転車、キックボード、ペット、お酒、ビンやコップ等のガラス類の持ち込みは禁止されています。* ゲートでの荷物検査の為、入場が遅れることがありますのであらかじめご了承ください。お問い合わせ: 電話 046-407-4177 (英語)

一般車両乗り入れ禁止



“See the Bugle for the advertisement”.